



# **Make Plans to Attend Florida Academy of Pain Medicine 2009 Annual Scientific Meeting**

*Florida Society of Physical Medicine & Rehabilitation & Southern Society of Physical Medicine & Rehabilitation  
American Academy of Regenerative Orthopedic Medicine  
With a preconference workshop by Florida Society of Interventional Pain Physicians*

**The FAPM 2009 Annual Scientific Meeting** will feature a faculty, some nationally recognized, from a variety of pain medicine specialties. This content-filled conference will provide the pain medicine practitioner from a variety of specialties with sophisticated diagnostic guidelines necessary to evaluate complex pain syndromes including demonstrations and training in cutting-edge techniques. Educational formats will include “hands-on” workshops, lectures, power point presentations, and Question and Answer time built into every presentation for audience participation and learning.

## **HOST HOTEL**

### **The Breakers**

One South County Road  
Palm Beach, Florida 33480

**Room Rate:** \$190.00

**Making Reservations:** Reservations may be made by calling

**1-888-BREAKERS (273-2537)** and by stating that you are with the Florida Academy of Pain Medicine, or click [here for Online Reservations](#).



**The Breakers** is a luminous classic in the world of resorts, one that could not be replicated today. Yet it has never been more inviting. Over \$225 million has been invested, to date, in its ongoing revitalization and expansion. Its timeless atmosphere has been renewed with an exquisite yet relaxed style, a residential elegance that has been energized with a youthful, family-minded philosophy. It is Palm Beach’s palace on the sea, but with the feel of an inn.

In its truest form, service comes from the heart. It is a team of service professionals inspired to be naturally helpful, empowered to graciously anticipate. Gestures of service you deserve to experience, unobtrusively and with a warm and caring manner.



**Whether for sport or relaxation**, recreation abounds at The Breakers with 36 holes of championship golf, including the revitalized Ocean Course and the new Rees Jones designed course at Breakers West; premium tennis facilities; a luxury oceanfront spa; a Mediterranean-style beach club with four oceanside pools; first-class fitness facilities; water sports; a dedicated Family Entertainment Center; interactive family and children’s programs; irresistible boutiques and an array of memorable restaurants designed to suit every palate.

- 560 newly renovated guest rooms, including 57 suites
- Luxurious oceanfront spa and waterfront Jacuzzi
- Four heated, oceanfront pools, including an adult-only lap pool and children’s pool
- Two fitness centers, two beauty salons, ten boutiques.
- Family Entertainment Center featuring a toddlers’ play room, arcade, craft area, movie room and computer/Xbox room
- Baby-sitting services
- Eight unique restaurants and four bars
- 24-hour in-room dining
- 32,000 square foot golf and tennis clubhouse featuring a sports pro shop and The Flagler Steakhouse
- 36 holes of championship golf, featuring the Ocean Course and the new Rees Jones designed course at Breakers West
- 10 lighted Har—Tru tennis courts with resident Pro
- Scuba diving, deep-sea fishing, and other water sports, shopping and tours nearby.
- Meeting facilities include a total of 65,000 square feet of indoor and outdoor space

## **ACCREDITATION STATEMENT**

*This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Board of Quality Assurance and Utilization Review Physicians, Inc. (ABQAURP) and Florida Academy of Pain Medicine, Inc.. ABQAURP is accredited by the ACCME to provide continuing medical education for physicians.*

*The American Board of Quality Assurance and Utilization Review Physicians, Inc. designates this educational activity for a maximum of **17.0 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.” The American Board of Quality Assurance and Utilization Review Physicians, Inc. (ABQAURP) is an approved provider with the Florida Board of Nursing to provide continuing education for nurses. ABQAURP designates this activity for **20.4** contact hours through the Florida Board of Nursing, Provider # 50-94.*

*This program is approved for Category 2 credit by the American Osteopathic Association.*

## 2009 Program Schedule

### *Florida Academy of Pain Medicine*

*Florida Society of Physical Medicine and Rehabilitation and Southern Society of PM&R*

*American Academy of Regenerative Orthopaedic Medicine*

*with a pre-conference workshop by Florida Society of Interventional Pain Physicians*

#### **Friday, July 10, 2009**

Cadaver Workshops:

8 am – 12 pm

Spinal Cord Stimulator Implantation:

Presenter: Harold J Cordner MD, Sebastian FL

8 am – 5 pm

Regenerative Injection Therapy

Presenter: Felix S Linetsky MD, Palm Harbor FL

8 am – 5 pm

FSIPP Workshop: Restructuring and Optimizing Your  
Pain Management Office Practice

**Morning Session:** Finding Hidden Sources of Efficiency and Revenue  
In a Pain Management Practice

The New Era of Bonus Incentives: Quantifying Quality in Healthcare

Deborah H Tracy MD MBA, Brooksville FL

Preventing Internal Bleeding in a Down Economy

Jonathan S Daitch MD, Ft Myers FL

The Power of Collaborating with Your Competitors

Nilesh Patel MD MBA, Bradenton FL

Expanding Comprehensive Pain Care Through the  
Development of Effective Ancillary Services

Abraham Rivera MD, Tampa FL

**Afternoon Session:** Drug Abuse and Psychiatric Dual Diagnosis in a  
Pain Practice

Psychiatric Co-morbidities in the Chronic Pain Patient

Rafael Miguel MD, Tampa FL

How to Identify and Deal with Drug Seekers in an  
Outpatient Pain Practice

Harold J Cordner MD, Sebastian FL

Pain and Addiction Medicine

Sanford M Silverman MD, Pompano Beach FL

Implementing Outpatient Opioid Detoxification in a Pain Practice

Sanford M Silverman MD, Pompano Beach FL

**Program (Saturday, July 11)**

**Saturday, July 11, 2009**

Lecture Series

- 7 – 8 am Registration and Breakfast in the Exhibit Hall
- 8 – 8:15 am Welcome:  
Susanti K Chowdhury MD, President, FAPM, Belleair FL  
Robert B Dehgan MD, President, FSPMR, St Augustine FL  
Penniford L Justice MD, President, SSPMR, Memphis TN  
Felix S Linetsky MD, President, AAROM, Palm Harbor FL  
Lorry S Davis, MEd, Executive Director FAPM, FSPMR, SSPMR  
Atlantic Beach FL
- Theme: What's New about Whiplash Syndrome?***
- 8:15 – 9:00 am **Keynote: Craniofacial, Cervicocranial and Cervicothoracic Pain**  
Presenter: Joseph D Fortin DO, Ft Wayne IN
- TMJ Pain and Dysfunction
- 9:00 – 9:30 am Surgical Perspective: Mark A Piper DMD, MD, St Petersburg FL
- 9:30 – 10:15 am Conservative Perspective: Roy V Hakala DDS, St Paul, MN
- 10:15 – 11 am Exhibit Hall Break
- Cervicocranial Syndrome, Neck Pain, Cervicothoracic Pain:  
AO, AA, ZJ, IVD.....
- 11 – 11:45 am Interventional Perspective: Gennady Gekht MD, Bradenton FL
- 11:45 am – 1:30 pm Luncheon and FAPM Annual Business Meeting
- 1:30 – 2 pm Surgical Perspective: Jeffrey B Cantor MD, Ft Lauderdale FL
- 2 – 2:45 pm Cervical Disc Injury and Regeneration in Whiplash: Christopher J Centeno MD, Westminster CO
- 2:45 – 3:15 pm Physical Therapy Perspective: James A Viti PT PhD  
Ponte Vedra Beach
- 3:15 – 4 pm Break
- 4 – 4:30 pm Cervical Intradiscal Injections: Pennsylvania Preliminary Results:  
Robert S Mathews MD, Lancaster PA
- 4:30 – 5 pm American Academy of Regenerative Orthopaedic Medicine  
Perspective: New Scandinavian Research  
Felix S Linetsky MD, Palm Harbor FL
- 5 – 5:30 pm Panel Discussion/Q&A  
All Presenters from Today's Sessions

*Program (Saturday, July 11, cont.)*

**5:30 – 7 pm**            **President's Reception in the Exhibit Hall**

7 – 9 pm                FSPMR, SSPMR Dinner and Annual Business Meetings

**Sunday, July 12, 2009**

8 – 8:30 am            Registration/Breakfast in the Exhibit Hall

8:30 – 9:15 am Post-Traumatic Headaches: Nathan D Zasler MD, Richmond VA

9:15 – 10:45 am      Cervical Whiplash: When the Pain Persists, What Next?  
Presenters: Marla D Golden DO, Moderator, Jacksonville FL  
              Michael Moskowitz MD MPH, Mill Valley CA  
              Albert L Ray MD, Miami FL

10:45 – 11:15 am     Break in Exhibit Hall

11:15 am – 12:15 pm Medicolegal Update: Risk Management  
*Update on New REMS (Risk Evaluation and Monitoring System  
for Opioids)*  
Presenter: Albert L Ray MD, Moderator, Miami FL  
*Update on Florida's Prescription Drug Monitoring Program*  
Presenter: Sanford M Silverman MD, Pompano Beach FL  
*Pain SAFE: National Pain Foundation*  
Presenter: Lynn R Webster MD, Salt Lake City UT



**Florida Academy of Pain Medicine**  
**Florida Society of Physical Medicine and Rehabilitation/Southern Society of PM&R**  
**American Academy of Regenerative Orthopedic Medicine**  
**With a preconference workshop by Florida Society of Interventional Pain Physicians**  
**July 10 – 12, 2009**

The Breakers, Palm Beach, Florida

**REGISTRATION ONLINE** (CLICK HERE)

**Registration by mail:**

**Name:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Address, City, State:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Payment** – mail check to FAPM, PO Box 330298, Atlantic Beach, FL 32233-0298

**Pre-Conference Workshops:**

**Friday, July 10, 2009**

- |              |  |             |
|--------------|--|-------------|
| 8 am – 12 pm | FAPM “Spinal Cord Stimulation”<br>Hands-on Cadaver Lab   | \$250 _____ |
| 8 am – 5 pm  | FAPM & AAROM “Regenerative Injection Therapy”<br>Morning Theorum<br>Afternoon Practicum/Cadaver Lab  | \$450 _____ |
| 8 am – 5 pm  | FSIPP “Restructuring and Optimizing Your Pain<br>Management Office Practice”<br>Morning: Finding Hidden Sources of Efficiency and Revenue<br>In a Pain Management Practice<br>Afternoon: Drug Abuse and Psychiatric Dual Diagnosis<br>In a Pain Practice | \$275 _____ |

**Conference:**

**Saturday and Sunday, July 11 and 12**

FAPM, FSPMR, SSPMR, AAROM, FSIPP Member	By June 10	\$399 _____
	After June 10	\$449 _____
NonMember: Physician - MD/DO	By June 10	\$449 _____
	After June 10	\$499 _____
Nurse/PA/PT/Licensed Healthcare Professional	By June 10	\$249 _____
or Retired Physician	After June 10	\$299 _____
Resident/Fellow		\$0 _____

Not a Member? Join FAPM Now (better than a 25% savings) only \$200.00 \_\_\_\_\_

To apply, go online <http://fapmed.net/ConfReg.htm>  
and follow instructions or print and complete attached form,  
along with this one, and send in with check.

**TOTAL:**            \$ \_\_\_\_\_



# Florida Academy of Pain Medicine

Mission: To pursue a high standard of excellence in the practice of pain medicine; to promote the interests of patients suffering with pain; to enhance the scope and level of knowledge for pain disorders; to enhance physician knowledge in clinical evaluation and treatment of patients with persistent pain disorders through continuing education activities; and to promote a healthy socioeconomic climate conducive to patients suffering from persistent pain so that they receive high quality and specialized medical care.

## Membership Application

Mail with check to: Lorry S. Davis, M.Ed., Executive Director  
P.O. Box 330298, Atlantic Beach, FL 32233-0298  
Ph. 904 270 8886, Fax 904 246 9233

**I am a Licensed Physician in good standing. I am enclosing my application fee of \$275.  
(Send check if mailed. If faxed, include Visa/Master Card # and Expiration Date.)**

Name: \_\_\_\_\_

Degrees: \_\_\_\_\_

Please indicate how you would like your name & degrees to appear on documents

Company/Institution: \_\_\_\_\_

Office Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Office Phone : \_\_\_\_\_ Fax: \_\_\_\_\_

**Email (Important!)** \_\_\_\_\_

Primary Speciality \_\_\_\_\_

Secondary Speciality \_\_\_\_\_

Other Areas of Professional Interest \_\_\_\_\_

Please List Professional Organizations to which you belong: \_\_\_\_\_ FMA?  Yes  NO

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Board Certification (s) \_\_\_\_\_

Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_ Spouses Name \_\_\_\_\_ Home phone: \_\_\_\_\_

Home Address: \_\_\_\_\_

PLI Carrier: \_\_\_\_\_

State (s) in which you are Licensed to Practice Medicine: \_\_\_\_\_

License Number(s): \_\_\_\_\_

Signature \_\_\_\_\_

# **Florida Academy of Pain Medicine**

## **2009 Annual Meeting, July 10 - 12, The Breakers, Palm Beach**

**EDUCATIONAL OBJECTIVES:** All courses have been designed for physicians and other types of healthcare practitioners involved in pain medicine.

Friday, July 10, 2008 – Workshops

### ***1. Spinal Cord Stimulator Implantation***

Harold J Cordner MD

At the end of this session, participants will be better able to outline the history of SCS; list indications and contraindications for SCS; select patients for SCS based on specific criteria; explain the neuroanatomy of the spinal cord as it relates to SCS; review trial and implantation procedures; differentiate various SCS leads and generator devices; implant SCS leads and generators; reduce side effects for patients.

### ***2. Regenerative Injection Therapy***

Felix S Linetsky MD

At the end of this session, participants will be better able to physically examine patients to diagnose chronic, painful conditions of the occipital, cervical, thoracic, lumbar, and pelvic areas; inject these areas with various techniques.

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***FSIPP Workshop:***

### ***Restructuring and Optimizing Your Pain Management Office Practice***

***Morning Session: Finding Hidden Sources of Efficiency and Revenue in a Pain Management Practice***

### ***3. “The New Era of Bonus Incentives: Quantifying Quality in Healthcare”***

Deborah H Tracy MD MBA

At the end of this session, participants will be better able to recall H.R. 1, the stimulus bill signed into law by Congress, and its effects on healthcare; explain Medicare RAC (Recovery Audit Contractors) audits, LCDs (Local Coverage Determinations), and denials; discuss PQRI and E-prescribing details and incentives.

### ***4. “Preventing Internal Bleeding in a Down Economy”***

Jonathan S Daitch MD

At the end of this session, participants will be better able to demonstrate a comprehensive approach to the business of a pain practice; discuss ways to maintain internal efficiencies; use MGMA (Medical Group Management Association) financial indicators, AR reports, profit and loss statements, cash flow, balance sheets, and procedural tracking within their practice.

### ***5. “The Power of Collaborating with Your Competitors”***

Nilesh Patel MD MBA

At the end of this session, participants will be better able to illustrate methods of collaborative revenue enhancement from Fortune 500 case studies; create value for the patient and reduce complications via collaboration; share information with competitors to benefit your practice.

**6. *“Expanding Comprehensive Pain Care Through the Development of Effective Ancillary Services”***

Abraham Rivera MD

At the end of this session, participants will be better able to discuss appropriate utilization of ancillary services that provide improved patient care in a pain management practice; implement an office-based urine drug screening program; appraise office-based prescribing and provision of DME (Durable Medical Equipment) products such as back braces.

***Afternoon Session: Drug Abuse and Psychiatric Dual Diagnosis in a Pain Practice***

**7. *“Psychiatric Co-morbidities in the Chronic Pain Patient”***

Rafael Miguel MD

At the end of this session, participants will be better able to list the most common psychiatric co-morbidities found in an outpatient pain practice; identify the signs and symptoms associated with co-morbid psychiatric conditions in the chronic pain patient; establish an initial treatment strategy that may be implemented prior to psychiatric consultation.

**8. *“How to Identify and Deal with Drug Seekers in an Outpatient Pain Practice”***

Harold J Corder MD

At the end of this session, participants will be better able to identify the drug-seeking patient; use risk management techniques such as screening tools, urine drug testing, and informed consents; reduce liability while legally discharging a drug-seeking patient and simultaneously providing appropriate care.

**9. *“Pain and Addiction Medicine”***

Sanford M Silverman MD

At the end of this session, participants will be better able to review the current state of the prescription drug abuse epidemic; describe the Florida Prescription Drug Monitoring Program legislation; outline addiction medicine in relation to the pain patient; implement opioid risk management practices.

**10. *“Implementing Outpatient Opioid Detoxification in a Pain Practice”***

Sanford M Silverman MD

At the end of this session, participants will be better able to implement an office-based detoxification program within an outpatient pain management practice; review the proper E&M and CPT codes for addiction medicine and opioid detoxification; outline the legal implications of providing outpatient office-based opioid detoxification.

Saturday, July 11, 2009 – Lectures and Panels

**11. Keynote: Craniofacial, Cervicocranial and Cervicothoracic Pain**

Joseph D Fortin DO

At the end of this session, participants will be better able to describe the basic functions of the neck; clinically identify and explain the biomechanical etiologies of several myofascial syndromes such as “tired neck” and “crossed upper;” assess the complex interaction of biomechanics of injury and pathophysiology of pain as they do or do not relate to craniocervical and cervicothoracic disorders.

**12. TMJ Pain and Dysfunction: Surgical Perspective**

Mark A Piper DMD, MD

At the end of this session, participants will be better able to distinguish the temporomandibular disorder patients who are surgical candidates versus those who are able to be treated conservatively; describe the clinical manifestations of patients with more severe temporomandibular disorders; outline the spectrum of CT and MR imaging findings in patients who are surgical candidates; review pertinent anatomy and nerve block sites to distinguish trigeminal from cervical from sympathetic pain layers; discuss the rationale for various temporomandibular surgical procedures.

**13. TMJ Pain and Dysfunction: Conservative Perspective**

Roy V Hakala DDS

At the end of this session, participants will be better able to differentiate between direct impact, indirect impact and chronic injuries; determine the mechanism of injury through history and mechanics, radiographic appearance, and computerized diagnostic results; recognize temporomandibular joint (TMJ) disease through chief complaints and clinical examination; employ a nonsurgical approach to treatment including home care, physical therapy, orthosis, injection.

**14. Cervicocranial Syndrome, Neck Pain, Cervicothoracic Pain: AO, AA, ZJ, IVD: Interventional Perspective**

Gennady Gekht MD

At the end of this session, participants will be better able to review anatomy of the cervical spine; describe the mechanism of injury in whiplash injury; list interventional treatments; assess the relevance of interventional methods for treatment of whiplash.

**15. Cervicocranial Syndrome, Neck Pain, Cervicothoracic Pain: AO, AA, ZJ, IVD: Surgical Perspective**

Jeffrey B Cantor MD

At the end of this session, participants will be better able to identify patients with cervical spinal stenosis; order appropriate imaging and diagnostic tests; define normal and pathologic parameters of the cervical spine canal based on simple imaging studies; use evidence-based medicine to define patient neurologic risk based on the anatomic parameters; outline the natural history of untreated cervical spinal stenosis; list surgical options.

**16. Cervical Disc Injury and Regeneration in Whiplash**

Christopher J Centeno MD, Westminster CO

At the end of this session, participants will be better able to discuss the concept of adult vs embryonic stem cells; identify the three main adult stem cell lines; describe mesenchymal stem cells (MSCs) and their ability to differentiate into end tissues; outline basic MSC cell culture techniques; employ percutaneous techniques to deploy MSCs in a pain management setting; judge imaging results from patients with chronic joint and spine derangement, before and after use of stem cell treatment.

**17. Cervicocranial Syndrome, Neck Pain, Cervicothoracic Pain: AO, AA, ZJ, IVD: Physical Therapy Perspective**

James A Viti DPT

At the end of this session, participants will be better able to discuss evaluation and treatment principles physical therapists utilize in the management of the following syndromes leading to cervical thoracic pain and headaches: postural muscle imbalance, whiplash, cervical stenosis, cervical radiculopathy, cervicogenic headache; discuss the relevant research/evidence pertaining to evaluation and treatment outcomes for the same syndromes.

**18. Cervicocranial Syndrome, Neck Pain, Cervicothoracic Pain: AO, AA, ZJ, IVD: American Academy of Regenerative Orthopaedic Medicine Perspective – New Scandinavian Research, A Preliminary Report**

Felix S Linetsky MD

At the end of this session, participants will be better able to express new developments in the diagnosis and possible treatment of pain related to whiplash injuries; relay the appropriateness of using agents that modulate local hemodynamics to treat this pathology.

**19. Cervical Intradiscal Injections: Pennsylvania Preliminary Results**

Robert S Mathews MD

At the end of this session, participants will be better able to express new developments in the possible treatment of discogenic pain related to whiplash injuries; discuss a previous study's positive results with neurolytic properties of hypertonic dextrose for the treatment of lumbar discogenic pain; discuss this pilot study utilizing neurolytic properties of hypertonic dextrose for the treatment of cervical discogenic pain after whiplash injuries.

**20. Panel Discussion – Questions and Answers**

All Presenters from Today's Sessions (#s 11 – 18).

At the end of this session, participants will be better able to restate, integrate, and practice all the educational objectives from this lecture series.

**21. Post-Traumatic Headache: An Integrated Multisystem Approach to Assessment and Treatment**

Nathan D Zasler MD

At the end of this session, participants will be better able to review the basic sub-types of PTHA (post-traumatic headache); discuss etiologies of head pain; examine the clinical history of PTHA; address specific exam techniques for PTHA; delineate medical treatment strategies for headache sub-types; define chronic PTHA pain emotional and behavioral assessment strategies; identify psychological and behavioral strategies for modulating pain and functional interference.

**22. *Cervical Whiplash: When the Pain Persists, What Next?***

Marla D Golden DO, Moderator

Michael H Moskowitz MD MPH

Albert L Ray MD

At the end of this session, participants will be better able to list 4 treatments for cervical whiplash; discuss the emotional, cognitive, and body memory components to brain pain; treat persistent whiplash pain with techniques (cognitive-behavioral methods, hypnosis, biofeedback, therapeutic touch, meditation, stimulation, visualization, yoga, acupuncture et al) which “unwire” pain perception; recite imaging studies that support the positive changes effected by these treatment modalities.

**23. *Medicolegal Update: Risk Management***

Albert L Ray MD, Moderator

Sanford M Silverman MD

Lynn RWebster MD

At the end of this session, participants will be better able to discuss the epidemiology of prescription drug abuse in Florida, the legislation regarding the prescription drug monitoring program in Florida, Florida’s prescription drug monitoring program plans in general, and Florida’s proposed regulation of pain clinics; describe the REMS (Risk Evaluation and Mitigation Strategies) program and the Food & Drug Administration’s rationale behind it; access resources to follow REMS development; compare the prevalence of Florida’s prescription drug abuse to the United States prevalence; list the major factors contributing to unintentional overdose deaths in pain patients; contrast these factors with those in non-pain patients; follow 8 steps to prevent unintentional overdose deaths in your patients; teach your patients 6 steps to follow to prevent unintentional overdose deaths.

FAPM reserves the right to make changes in program content and/or speakers if necessary. The views, opinions, and information presented by the speakers do not necessarily represent those of the Florida Academy of Pain Medicine, Inc.